

LEVEL 6, PULLMAN SAIGON CENTRE | 09AM - 09PM | HOTLINE: 0909 389 200

BODY HEALING & RELAXATION THERAPIES



HOT STONE RELAXING

90' | 1,500,000 VND

Melt away stress as smooth, heated stones are gently placed on key pressure points. This therapy promotes deep muscle relaxation and a profound sense of tranquility.



BAMBOO RELAXING

90' | 1,500,000 VND

Feel tension dissolve with the rhythmic rolling of heated bamboo sticks, enhancing blood flow and easing sore muscles. A unique and deeply restorative experience.



THAI BODY MASSAGE

75' | 1,550,000 VND

Rebalance your body and mind with Thailand's ancient healing practice, featuring gentle stretches and acupressure techniques to enhance flexibility and vitality.



AROMA RELAXING

75' | 1,400,000 VND
60' | 1,200,000 VND

Drift into bliss as soothing essential oils and expert techniques combine to release tension and improve blood circulation. Masterfully applied to suit every individual.



HEAD-SHOULDER MASSAGE

35' | 700,000 VND

Say goodbye to headaches and neck tension with this focused therapy that targets stress zones, leaving you feeling refreshed. A quick retreat for busy lifestyles.



FOOT MASSAGE

70' | 1,300,000 VND

Indulge in a herbal foot soak, followed by targeted acupressure and a soothing foot massage to relieve tension, restore balance, and rejuvenate tired feet.



DIGEST EASE & DEBLOAT

90' | 1,600,000 VND
60' | 1,300,000 VND

This therapy combines Radio Frequency, Abdominal Massage, and Infrared Therapy to relieve digestive discomfort, reduce bloating, and restore balance, leaving you light and revitalized.



INFRARED SAUNA DETOX

50' | 1,000,000 VND
40' | 800,000 VND

A powerful therapy combining infrared heat and near-far wavelengths, deeply penetrating your skin, muscles, and tissues to enhance circulation, eliminate toxins, and rejuvenate from within.



COLON & LIVER DETOX WITH COFFEE ENEMA

150' | 2,000,000 VND

This traditional therapy uses a coffee enema to cleanse the colon and liver, boost digestion, eliminate toxins, enhance skin health, promoting a deep, natural cleanse and restoring balance.



BODY SCRUB

70' | 1,300,000 VND

Exfoliate and detox your body skin while enjoying a relaxing massage that removes dead skin and toxins. Choose from our 3 luxurious exfoliating salts: Coffee, Lavender Salt, or Purifying Sesame.



BODY SKIN POLISH

110' | 1,600,000 VND

Exfoliate your skin with a luxurious body scrub, then indulge in a hydrating body wrap infused with antioxidants and natural extracts, leaving your skin soft, smooth, and deeply moisturized.



SOUND HEALING

50' | 1,100,000 VND
20' | 700,000 VND

FDA-certified therapy that calms the mind, restores mental clarity, improves sleep, and reduces stress in just 20 minutes. Backed by 35 years of proven neuroscience.

**Prices are in Vietnam Dong and exclude 10% VAT.*

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FACIAL THERAPIES



LED MASK FACIAL

60' | 1,000,000 VND

A refreshing facial treatment with Bio-Light Technology, exfoliation, and Hydrasilk essence, followed by a soothing massage to hydrate and leave your skin glowing.



DEEP EFFECT FACIAL

75' | 1,400,000 VND

A luxurious skin restoration therapy with 3 tailored options: Multilayer Hydration for dry skin, Oxygen for dull skin, Bio-Silk Thread for sensitive skin.



VITAL COLLAGEN FACIAL

80' | 1,800,000 VND

This treatment includes a facial massage and eye massage to reduce fatigue, followed by a concentrated fresh collagen mask for deep, enhanced absorption.



NEW SKIN REGENERATION

65' | 1,600,000 VND

Brightens skin with a gentle enzyme peel, hydrating mask, quartz stone massage, and brightening mask. Perfect for brighter skin, oil control, dark spots, fine lines, no irritation.



SKIN FIRMING

90' | 1,800,000 VND

This specialized massage technique lifts and firms the skin, offering a sculpted, youthful appearance without the use of machines or invasive procedures.



OIL & ACNE TREATMENT

110' | 1,700,000 VND

Target excess oil and acne with extractions, acne serum, a soothing mask, and violet light therapy to reduce redness and promote healing for smoother skin.

INTENSIVE SKIN TREATMENT



**SKINLIFT THERAPY
RADIO FREQUENCY (RF)**



Improves skin texture & elasticity



Non-invasive, minimal discomfort



Tightens skin gradually

Advanced RF Therapy 110' | 2,800,000 VND
RF Therapy 80' | 2,200,000 VND



**ULTRALIFT THERAPY
HIGH INTENSITY FOCUSED
ULTRASOUND (HIFU)**



More intense lifting & tightening



Non-surgical sculpting & contouring



Quicker, longer-lasting results

HIFU Therapy 20,000 VND PER SHOT

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LONG-TERM BODY CARE THERAPIES



ITALIAN IPL HAIR REMOVAL

Using Italian-imported devices, this new IPL technology offers safe hair reduction, improves skin tone, and prevents regrowth, suitable for all skin types and sensitive areas.

UNDER ARMS	30' 900,000 VND
BIKINI (FULL/SHAPING)	80' 1,800,000 VND
LOWER ARMS	40' 1,200,000 VND
FULL ARMS	60' 1,600,000 VND
LOWER LEGS	50' 1,600,000 VND
FULL LEGS	80' 3,000,000 VND
UPPER LIP	30' 700,000 VND



BODY SLIMMING & SCULPTING

Our non-invasive treatments combine various advanced technologies - Cryotherapy, RF, HIFU, Ultrasound Cavitation to reduce fat, tighten skin, sculpt curves with no downtime.

BODY TRANSFORM (20 Sessions)	120' 35,900,000 VND
BODY TRANSFORM (10 Sessions)	120' 18,900,000 VND
BODY TRANSFORM (01 Session)	120' 2,500,000 VND
TUMMY AIR RELEASE (01 Session)	40' 880,000 VND
CRYO FAT REDUCTION (01 Session)	60' 5,500,000 VND
HIFU BODY SCULPT (01 Session)	20,000 VND PER SHOT



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PAMPER PACKAGES



DUO PACKAGE

120' | 1,800,000 VND

Refresh your body and soul with this deluxe package combining 2 treatments:

- Aroma Relaxing (60')
 - LED Mask Facial (60')
- Or
- Body Scrub (60')
 - Aroma Relaxing (60')

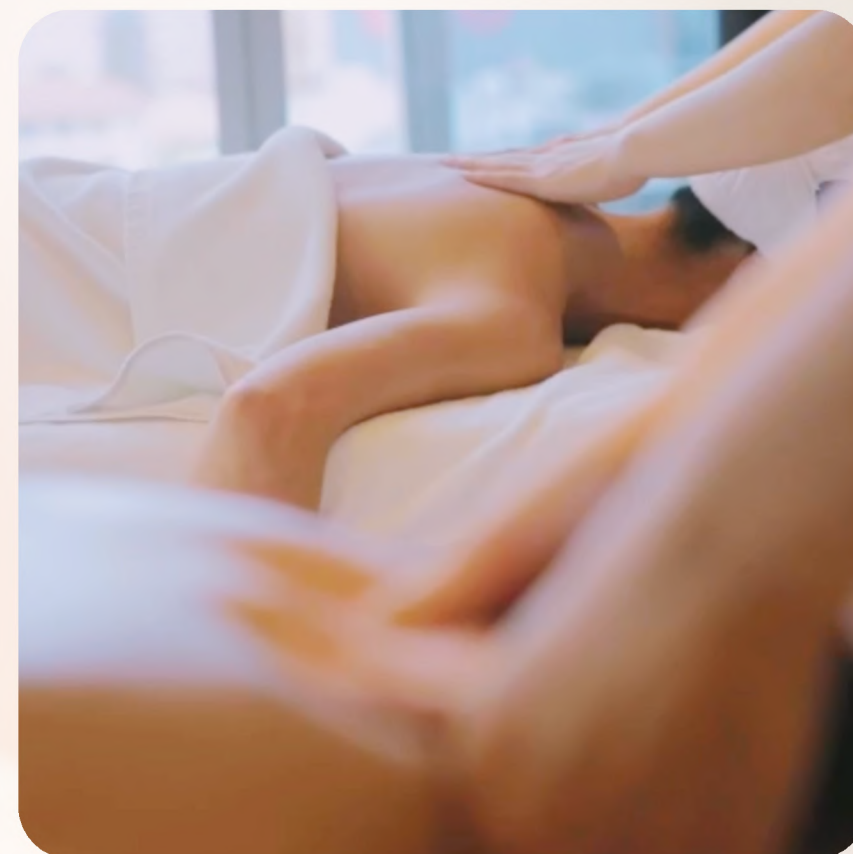


TRIO PACKAGE

180' | 2,700,000 VND

Restore your tranquility and peace with this premium experience that includes 3 of our most loved treatments in one session:

- Body Scrub (60')
- LED Mask Facial (60')
- Aroma Relaxing (60')



COUPLE PACKAGE

60' | 2,300,000 | 2 PAX

Pamper yourself and your loved one with an amazing spa day!

Select either

- Aroma Relaxing (60')
 - Or LED Mask Facial (60')
- and enjoy the luxurious experience together.